



Children Grading Syllabus

Grade	Basic Movements	Ikkyo	Kokyu-nage	Irimi-nage	Shiho-nage	Others
15th Kyu (White-gold)	<ul style="list-style-type: none"> • Kokyu Push and Rowing Ki-ai Exercise • Shikko • Tenkan • Irimi-Tenkan • Rocking Exercise 					
14th Kyu (Yellow)	<ul style="list-style-type: none"> • Forward Roll • Backward roll • Katatedori Aihanmi catch • Katatedori Gyakuhanmi catch 	• Katatedori Aihanmi (omote waza)	• Katatedori Gyakuhanmi			
13th Kyu (Yellow-gold)		• Katatedori Aihanmi (ura waza)	• Katatedori Aihanmi			
12th Kyu (Orange)				• Katatedori Aihanmi		
11th Kyu (Orange-gold)				• Katatedori Gyakuhanmi		
10th Kyu (Green)					• Katatedori Aihanmi	
9th Kyu (Green-gold)					• Katatedori Gyakuhanmi	
8th Kyu (Purple)	• Shomenuchi	• Shomenuchi				
7th Kyu (Purple-gold)						• Katatedori Gyakuhanmi Jiyuwaza

Notes to Candidates:

1. Examinable techniques for grades 5th Kyu (Blue-gold) and above will follow those stipulated in the Adult Grading Syllabus.
2. Pre-requisites for Children and Adults are different for each grade. Kindly refer to the respective Grading Pre-requisites list for details.